



## Florida East Coast Series #1

Sunday March 23, 2025

### SAILING INSTRUCTIONS

Organizing Authority: YSF Community Sailing Vero Beach

#### 1. RULES

**1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* RRS 2021-2024.

**1.2** The following rules are changed by these sailing instructions:

- a) Rule 33 is changed so that the position of marks may be moved without signaling a course change provided that no boat is on the leg of the course to the mark.
- b) Rule 35 and Rule A5 are changed so that the race committee may finish boats that do not finish within the finishing window in their approximate position.
- c) Rule 40 is changed to require PFD's to be worn at all times on the water.
- d) Rule 44.1 is changed to require a **one turn penalty** when the incident takes place **outside the zone of a mark**.
- e) Rule 62.2 has been changed so that the request to redress may only be done within the protest time limit.
- f) Rule A2.1 is changed so that no race scores will be discarded.
- g) Races will be scored for the Florida East Coast Series according to the series NOR.
- h) RRS 63.7 is changed to provide that, in the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail.
- i) RRS 61 is changed to require a protesting boat to inform the RC of the sail number and the boat being protested immediately following the race in which the protest occurred.

## **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board (ONB) located under the tent at the racing HQ's.

## **3. CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions ashore will be posted within 5 minutes of the completion of the competitors meeting with the approval of the Race Committee (RC).

## **4. SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed from the flag pole located at the waterfront in the launching area.

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

**4.3** No competitor may leave the shore before the D Flag is lowered.

## **5. SCHEDULE OF RACES**

**5.1** The first warning will be signaled immediately following the skippers meeting. There will be as many races started as is feasible within the allotted time.

**5.2** No starting signal will be made after 1530.

## **6. CLASS FLAGS and OPTI CLASS STREAMERS**

**6.1** The Class flags will be the class logo on a white or colored flag.

## **7. THE COURSES**

**7.1** The course diagram for the 420 is shown on attachment A.

**7.2** The course diagram for the Optimist class is shown on attachment B.

## **8. MARKS**

The marks to be used are shown on the course diagrams.

## **9. THE START**

**9.1** At the discretion of the RC the starts may be rolling starts.

**9.2** The starting line for all courses will be between a staff displaying an **Orange flag** on the RC Signal Boat on the starboard end and an orange mark at the port end.

**9.3** Races will be started by using the audible signal system of Appendix U in addition to class flags for all divisions.

## **10. CHANGE OF THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will move an existing mark to a new position.

## **11. THE FINISH**

The finishing line will be between a staff displaying a **BLUE flag** on the race committee vessel and an orange mark off shown in the Course Diagrams Below.

## **12. TIME LIMITS**

**12.1** The time limit for the first boat to sail the course and finish shall be 30 minutes.

**12.2** The finishing window after the first boat has completed the race is 10 minutes.

- 13.** Boats failing to finish within the Finishing Window will be finished in place at the discretion of the race committee. This changes RRS 35, and A4.

## **14. PROTESTS AND REQUESTS FOR REDRESS**

**14.1** In addition to the requirements in RRS 61, boats intending to protest an incident occurring on the race area shall, immediately after finishing a race, notify the RC Finish Boat of her intention to protest, including the sail number of the boat(s) being protested. This changes RRS 61 as stated in SI 1.2.

**14.2** Protest forms are available at the ONB. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

**14.3** For each class, the protest time limit is 30 minutes after the signal boat for her division docks.

**14.4** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings and where the hearings will be held.

**14.5** Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

**14.6** A request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## **15. SAFETY**

No boat shall leave the beach before Flag D has been lowered from the flag pole. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, and/or immediately after arrival ashore.

## **16. COACHES**

**16.1** Coaches will be allowed on the water and shall stay clear of racers after the start signal except when requested to assist a competitor in possible danger. Coaches may coach the back half of the Silver Fleet.

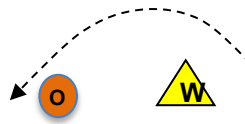
**16.2** Coaches shall monitor the RC radio frequency and assist in the rescue of any competitor when requested to do so. 420 Course will be on CH 69. Opti Course will be on CH 72. Shore/Medical Boat Will be On CH 68.



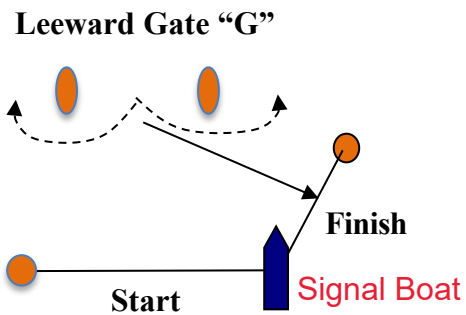
**ATTACHMENT A - COURSE DIAGRAM**

# 420 Course

**LA2 Start - W - O - G - W - O - G - Finish**



**Windward Mark and Offset  
“W” and “O”**



**Leeward Gate “G”**

## ATTACHMENT B - COURSE DIAGRAM

Opti Silver; Opti Gold: 1, 3, Finish Or Triangle course posted on white board.

