



SAISA SOUTH POINTS REGATTA SERIES #7

VERO BEACH

Saturday March 16, 2024

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY: South Atlantic Interscholastic Sailing Association (SAISA) in conjunction with the YSF Community Sailing Vero Beach.

1. RULES:

- 1.1. The regatta will be governed by the current *Racing Rules of Sailing*, the *prescriptions of US Sailing*, the *ISSA Procedural Rules*, the *SAISA Supplemental Rules*, the *Notice of Race* and these *Sailing Instructions*. In the event of a conflict between the governing documents and the Sailing Instructions the Sailing Instructions shall take precedence.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices including changes to sailing instructions will be posted on TechScore no later than the competitors meeting. There may be postings on site as well.
- 2.2. Oral instructions may be given on the water per RRS 90.2(c).

3. SCHEDULE:

- 3.1. 0800: Arrival, check-in and boat rigging
0900: Competitors Meeting (all boats must be rigged)
1000: Start of First Race

4. BOATS

- 4.1. This regatta will utilize 6 YSFIRC 420s plus competitor-provided boats, sailed as supplied.
- 4.2. Equipment problems should be reported to a race committee representative as soon as possible.
- 4.3. This will be a two-division ("A" & "B") varsity and JV regatta; teams will sail two races as a set, then swap A&B Divisions using the same boat. NO ROUND ROBIN ROTATION.

5. RACING AREA

The racing area will be on the Indian River Lagoon South of the 17th Street Bridge and East of the Intracoastal Waterway (ICW). ***Please use caution when crossing ICW.***

6. COURSES AND MARKS:

- 6.1. The diagrams in **Attachment 1** shows a list of the courses, the marks to be rounded and the side on which each mark is to be left. The race committee may designate courses orally and/or on a white board.
- 6.2. Note mark shapes and colors may differ from those designated in the attachment.

- 6.3. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on the leg of the course which terminates at that mark. No signals are required (changes RRS 33).

7. START AND RECALLS:

- 7.1. Races will be **3-minute dinghy starts** (Appendix U) – Audible-Signal Racing System.
- 7.2. Individual recalls will be made in accordance with RRS Appendix U4. Failure to hear, or the timing of the hail shall not be grounds for redress.
- 7.3. General recalls will be signaled by a series of short sounds (whistles or horns) and “general recall” hails. **After a general recall, the “I-Flag Rule” (RRS 30.1) (round the ends rule if over the line within one minute of starting signal) shall be in effect** for all races. No flag will be flown (changes RRS 30.1).
- 7.4. The start line will be between a boat with an orange line flag and a small orange ball.

8. THE FINISH

- 8.1. The finish line will be between a boat with a blue line flag and a small orange ball.
- 8.2. Any boats deemed by the Race Committee to be unreasonably delaying completion of a race may be finished “in place” to terminate the race (this changes RRS 35 and A5).

9. PENALTY SYSTEM

- 9.1. RRS 44.1 is changed such that **all Turn Penalties are One-Turn Penalties**. This also changes ISSA-PR 10.

10. BREAKDOWNS:

Breakdowns will be handled per ISSA procedural rules.

11. PROTESTS:

- 11.1. Protest procedure will be in accordance with ISSA PR Part VI. NOTE that a protesting boat is required to notify the race committee as soon as practical after finishing of her intent to protest.
- 11.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

12. SCORING:

- 12.1. Scoring will be in accordance with ISSA PR 9 and 11 (Low Point Scoring System with no throw-outs).
- 12.2. Per ISSA PR 7.5 (c) a minimum of three races in each division must be completed to constitute a regatta.

13. COACHING:

- 13.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 13.2. Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while on shore.

14. SAFETY:

- 14.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
- 14.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

15. FORMAT:

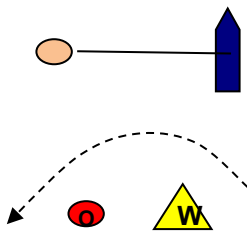
The race committee will complete as many races and rotations as possible given conditions.

Attachment 1 - Courses

| Course | |
|--------|---|
| WA2 | Start – W – O – G – Upwind Finish |
| LA2 | Start – W – O – G – W – O – G – Downwind Finish |
| WA3 | Start – W – O – G – W – O – G – Upwind Finish |

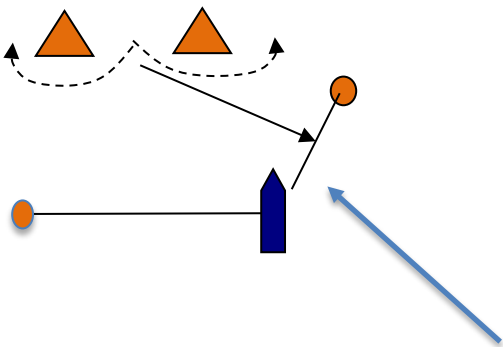
Windward Mark and Offset “W” and “O”

Upwind Finish for WA2 or WA3



Leeward Gate “G”

Starting Line



Downwind Finish for Course “LA2”